WELCOME TO



Your Next Best Experience is Here!



- Group InteractiveCooking Experiences
- Corporate Team-Building
- Leadership Networking Events
- ✓ Public Cooking Events
- **✓** Private Experiences
- ✓ Community Outreach

Diversity and expansion in action...

Cosmopolitan Plated's mission is to use fun, interactive group cooking experiences as vehicles to build connection and community, while empowering people, at the table.





Getting People Connected...

over 3,200







from all backgrounds, over the world!

Experiences for Everyone!

Small groups or large teams. You envision it, we can create it.

This is how we do it...

We incorporate our "Proven 4-C's" method for success into each of our team-building experiences:

Communication, Capability, Connectivity, Creativity.

and we do it all while...

Cooking

great food together, while sharing ideas & having fun

Serving

great food together, while sharing ideas & having fun

Enjoying

great food together, while sharing ideas & having fun

What We Bring to the Table!

Not your average cooking class, or typical team building activity...



Unique Team Events

We work hands-on with your organization or group to create unique experiences specific to your needs. No experiences are just alike.



Reframed Connectivity

Each experience offers an opportunity for your team to rethink how they connect to each other and what's in front of them, beyond their typical interaction.



Creative Approach

We're not JUST cooking! Your team will engage in groups to complete a food-based challenge that relates directly to your organizational goals and mission!



Continued Value

Value received from your group experiences - empowerment, connection, creativity - are beneficial in the board room to daily relationships.



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What's the Deal?

Simple

We cook up experiences that are engaging, delish, simple, with room for improvisation and experimentation.

Life Lessons here!

Hands-On

You're team's in it together!
No chef standing, talking, and
preparing the entire meal.
Each participant prepares or
assists others.

Inspiring

We talk, create, cook, laugh, and are honestly kind of loud sometimes. All levels and senses of humor are welcomed.



Empowered

The recipes, techniques, and tips are simple and intuitive. Participants feel they make them at home for friends and family.

Accomplished

Each person works within the classroom community to create the meal and prepare the dining experience. The finale is always full of excitement.

Return On Investment

Your group feels relaxed, inspired, and empowered. Creativity and connectivity happen, organically.



Here's a taste...

Sample Menus

Jump out of the office and trade in your computer for a cutting board. Group cooking experiences are great for welcoming new team members, rewarding your colleagues for a job well done, or entertaining clients with fabulous food and signature beverages.

We'll bring out the fun in your team!

Team Building and Corporate Events include a customized three or four-course menu with wine in an interactive group cooking experience. We even have non-cooking, cooking classes!

Global Flavors

Your team can build menus inspired by flavors from around the world, including: American, Italian, French, Mediterranean, Latin-fusion, Asian-fusion, Caribbean, and more!

Appetizer:

Kale, Artichoke & Goat Cheese Dip Stuffed Sweet Peppers

Main:

Mediterranean Stuffed Peppers – (Gluten free, stuffed with Italian Chicken Sausage or with vegetables and cheese for vegetarians)

Side:

Crispy Herb Red Potatoes

Dessert:

Dark Chocolate-Hazelnut Mouse Parfait with Fresh Raspberries (does the mouse in this contain gelatin?)

Signature Cocktail and Mocktail:

Cucumber- Mint Martini

Appetizer:

Warm Spinach & Crab Dip with French Bread Mini Toasts

Main:

Perfectly Seared Salmon

Side:

Lemon Butter Linguine with Roasted Broccoli Pan Scalloped Potatoes

Dessert:

Honey Cake with Lemony Marscapone Creme

Signature Cocktail and Mocktail:

Apricot Spiked Tea Sparkling Lemonade

Let's get it started today!

Combine cooking a meal with sitting down to eat together, and bonds build between co-workers. Bonds that carry over from the kitchen to the conference room, enabling problem-solving, improved collaboration, and increased productivity.

By engaging your employees in this unique team-building, you can build more productive teams and a stronger organization.



Pricing

Prices range from \$150 per person per experience, depending on your customized experience. Call 404.822.9829 today to plan your experience!



Set your date...

Whether it's an office holiday party, leadership development workshop, or executive retreat, we can create the perfect experience for your team, any time of the year.



Learn your team's dietary requirements...

Got vegetarians? Got vegans? Got major carnivores? Let us know, and we'll share a variety of menu options that can work.



Choose your customized experience...

Decide on a traditional group cooking experience or a customized challenge that meet's the needs of your team. This can include a competition designed by Cosmopolitan Plated.



Decide on location...

Choose from several locations in your city, or have us show up at your office! We travel!



Show up. Cook. Have fun. Eat together!









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